



Hempstead Harbour Club
Laser Class
Glen Cove, N.Y.
2024 SAILING INSTRUCTIONS

1 RULES

1.1 The series will be governed by the rules as defined in *The Racing Rules of Sailing*.

1.2 Racing rule(s) Part 3, 5,6,7 will be eliminated: No Race Committee or Protest Committee - the intent of this racing is to hold friendly competition without the burden of organizing Race Committees, holding Protest hearings, setting marks requiring outside support, or recruiting personnel to record finishes.

1.3 Intensity and APS class sails are allowed (They are not class legal). To promote local competition, the fleet will allow non-builder supplied equipment as long as it is similar in function and, when asked, competitors agree that no material advantage from a particular non-builder supplied equipment exists. Keep in mind however, if a fleet member chooses to sail in Class sanctioned regattas, they require you to comply with Class rules. Class membership is encouraged but not required.

1.4 Competitors may switch between Full, Radial and 4.7 rigs for Laser/ILCA Dinghy. No distinction in scoring will be made.

1.5 Competitors may be HHC members or guests.

2 SPECIAL REQUIREMENTS

2.1 **LIFE JACKETS** Life jackets must be worn at all times. Competitors are expected to wear a wetsuit or drysuit when the water temperature requires.

2.2 START PROCEDURE

Competitors are expected to wear a stopwatch. A designated fleet member will sound several short whistles as a warning, to be soon followed by one long blast of the whistle to signify 3 minutes. Competitors will then count down the 3 minutes on their own watch. If a competitor forgets his watch, others will try to give him the time.

2.3 THE FINISH

On scored nights bring a writing utensil to record finishes. For the scored races, the initial finishers will record the scores. Results by recorders will be compared after hauling for confirmation of accuracy.

2.4 CAPSIZE RECOVERY

Competitors are expected to be able to right their boat after a capsize. THERE ARE NO SAFETY BOATS.

Participation is at your own risk. You must decide to compete or not, based on your abilities.

2.4 TRASH DISPOSAL

Sailors are encouraged to use refillable water bottles instead of disposable plastic water bottles.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Amended SI's will be posted on the Fleet website.

4 SIGNALS MADE ASHORE

In cases of no wind, too much wind or storms, discussions will take place on the porch prior to 6:15 pm Tuesday or Sunday at an agreed upon time, on whether to proceed to the race area, postpone or cancel.

5 SCHEDULE OF OF RACES:

TUESDAY EVENING SERIES: May 4 thru Oct 23 First start at 6:30 PM

Scored nights for Fleet Trophy. First 5 races starting at 6:30 PM. DATES:

May 28

June 11

July 9

August 13

August 20 Make up where no races

Sailed on a previous night

TEAM RACE: June 25 First 3 races at 6:30 pm.

Additional non-scored races may be held before and after the 5 (or 3 Team) scored races. Un-official racing may occur on other dates by mutual consent; I.E. Late April, early May, late Oct, Sunday afternoons and Wed afternoons.

Tuesday evening start time will be moved earlier to accommodate seasonal sunset times. Fleet members will be notified by group email.

6 COURSES

6.1 Racing is normally south of the breakwater in Hempstead Harbor.

6.2 Starting line is usually between RC mooring ball and a yellow or orange ball or buoy with pole. Sometimes we may use a combination of mooring balls and/or speed sign buoys. If we have a RC person, then a flag on boat.

6.3 Marks will usually be orange balls. Sometimes we may use a combination of government marks, speed sign buoys, mooring balls or yellow or orange balls to accommodate the wind conditions.

6.4 The course will normally be a windward leeward course (W) with a port rounding at the weather mark, leeward mark and then finishing through the original start line. The pin may be port or starboard side of RC boat depending on wind direction. The gate may be sailed through downwind.

6.5 Competitors may agree to a triangular course (T) or other configuration based on wind, mark availability and boat congestion.

6.6 Courses will not be shortened.

6.7 Legs of the course will not be changed after the preparatory signal.

7 **PROTESTS**

Rules 44.1 and 44.4 are modified to require a one turn penalty including one tack and one gybe. There is no Protest Committee. No Appeals. Competitors are expected to enforce the rules themselves. Often rules discussions take place on the porch afterwards for learning purposes and sometimes results in a competitor withdrawing from the race in question.

8 **TIME LIMITS AND TARGET TIMES**

Any race not finishing in 30 minutes (1st place finisher) will be abandoned.

Races normally are completed within 10-15 minutes. To facilitate starting the next race, the last place boats will be scored as last place after all other boats have finished and may break rule 42 to get to the finish.

9 **SCORING & PRIZES** Scoring will be Cox Sprague with 1 throw out race per 5 races sailed. Races canceled will not count.

Prizes will be given as follows: Tuesday Evening Series, if at least 3 qualify in class, Fleet Champion Trophy and Keeper Trophy will be awarded to 1st place of Tuesday Evening Series of that class. A second place trophy will be where 5 or more sailed in series per HHC regatta rule. A Keeper Trophy will be awarded for the best Laser Master's World age bracket scoring.

10 **COLLATIONS**

Collations are held on the porch after racing, if Covid-19 rules allow. Some form of snacks may be provided. Please join us.

11 **DISCLAIMER OF LIABILITY**

Competitors participate in the Series entirely at their own risk. The organizing authority or HHC will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

HHC does not provide safety boats for any of these series. Participation is at your own risk.